

# Lifestyle Audit

How do I rate my life right now? (Rate each area out of 10)

<b>Home/Environment</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Family and Friends</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Romance/Significant Other</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Health</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Career/Business</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Wealth</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Personal Growth, Learning and Spirituality</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good
<b>Fun &amp; Recreation</b>	1 - Very Poor	2	3	4	5	6	7	8	9	10 - Very Good

What can I do right now to improve to the next level?

<b>Home/Environment</b>	-----
<b>Family and Friends</b>	-----
<b>Romance/Significant Other</b>	-----
<b>Health</b>	-----
<b>Career/Business</b>	-----
<b>Wealth</b>	-----
<b>Personal Growth/Learning and Spirituality</b>	-----
<b>Fun &amp; Recreation</b>	-----

